

## Fast Forward TC '2024 Indoor Season Available Meets

Compiled list represents available meets, you are not expected to compete in all of them. Also note that there are many long distance meets. If you are posting times that are among the top of your age groups, I recommend considering the travel for exposure, if not, I recommend the JDL and local meets to continue to develop.

Meets will be listed on our website where you will submit the intent to compete form. We will provide you with a CashAp link to pay entry fee at which time we will register you into the meet.

10/14/2023	Polar Bear	Youth/Open/Masters	<a href="#">2023 OKTOBERFEST Emerging Elite Athlete Fall Pre-Indoor T&amp;F</a>
12/3/2023	Indoor	Youth/Open/Masters	<a href="#">COACH MIAMI PRESENTS the VIRGINIA BEAST INVITATIONAL (Youth, Open, Masters) Virginia Beach Sports Center Virginia Beach VA</a>
12/3/2023	Indoor	Elite Middle/HS/College	<a href="#">JDL Early Bird Invitational, JDL FastTrack, Winston Salem, NC</a>
12/9/2023	Indoor	High School	<a href="#">Stay In Your Lane Invitational, JDL FastTrack, Winston Salem, NC</a>
12/10/2023	Indoor	Youth/Open/Masters	<a href="#">2023 Emerging Elite Athlete Winter Indoor T&amp;F Invite at the CrossPlex (Youth/Open/Masters) CrossPlex Birmingham AL</a>
12/16/2023	Indoor	Youth/Open/Masters	<a href="#">The Galleria Games (Youth) Birmingham Crossplex Birmingham AL</a>
12/17/2023	Indoor	High School	<a href="#">JDL Holiday Invitational (HS) JDL FastTrack, Winston Salem, NC</a>
12/17/2023	Indoor	Youth/Open/Masters	<a href="#">The 2023 Grant Holloway AAU Invitational Indoor Track Field Meet (Youth) Virginia Beach Sports Center Virginia Beach VA</a>
1/6/2023	Indoor	High School	<a href="#">Just Don't Lose Classic (HS) JDL FastTrack, Winston Salem, NC</a>
1/13/2023	Indoor	Elite Middle/HS/College	<a href="#">Mondo College Invitational Winston Salem, NC</a>
1/14/2023	Indoor	Youth	<a href="#">Clemson High School Invitational (Youth) Clemson University Clemson SC (Contact: Yolanda Freeman)</a>
1/14/2023	Indoor	Youth	VA Showcase Club for Age-Group Athletes (Youth) Virginia Beach Sports Center Virginia Beach VA
1/20/2023	Indoor	High School	<a href="#">Fast Track Invitational (HS), JDL FastTrack, Winston Salem, NC</a>
1/21/2023	Indoor	Elite Middle/HS/College	<a href="#">JDL Flat Is Fast Invitational Winston Salem, NC</a>
1/26/2023	Indoor	Elite Middle/HS/College	<a href="#">Camel City Invitational Winston Salem, NC</a>
1/28/2023	Indoor	Youth/Open/Masters	<a href="#">COACH MIAMI PRESENTS the BAMA SHOWCASE (Youth, Open, Masters) Birmingham Crossplex Birmingham AL</a>
1/28/2023	Indoor	Youth/Open/Masters	<a href="#">The TRACK 757 Invitational (Youth) Virginia Beach Sports Center Virginia Beach VA</a>
2/3/2023	Indoor	High School	<a href="#">Mondo Elite HS Invitational (HS), JDL FastTrack, Winston Salem, NC</a>
2/10/2023	Outdoor	Youth/Open/Masters	<a href="#">Xfactor Early Bird (Youth) Landmark Christian School Fairburn GA</a>
2/11/2023	Indoor	Youth/Open/Masters	<a href="#">TFCUSA INDOOR NATIONAL CHAMPIONSHIP 2024 (Youth) The Crossplex Birmingham AL</a>
2/17/2023	Outdoor	Youth/Open/Masters	<a href="#">Xfactor Winter Games (Youth) Landmark Christian Schools Fairburn GA</a>
2/17/2023	Indoor	Elite Middle/HS/College	<a href="#">JDL Last Chance Invitational Winston Salem, NC</a>
3/1-3/2023	Indoor	Youth	<a href="#">AAU Indoor Champtionship, Virginia Beach, VA</a>
3/9/2023	Outdoor	Youth/Open/Masters	Pink Spike Track Festival (Youth/Open/Masters) Chapman HS Inman SC
3/15-17/2023	Indoor	Middle & High School	<a href="#">Adidas '24 Indoor Nationals Virginia Beach, VA</a>
TBD	Indoor	Middle & High School	New Balance '24 Indoor Nationals, Boston, MA